



**Corewell  
Health™**

presents

## Childbirth Education Classes

Our childbirth education classes walk expectant parents through what to expect with labor, delivery, postpartum, and care of their newborn.

This informative **three-part** class features presentations from two experienced labor nurses, a certified nurse anesthetist, a doula, and a pelvic floor therapist in addition to the opportunity to speak to a pediatric provider about any questions or concerns you may have.

**Free!**

**June 2025**

### **Class Dates & Times**

June 3rd 6p-8:30p

June 10th 6p-8:30p

June 17th 6p-8:30p

*\*Classes will **NOT** be held in July*

Includes a tour of the  
Birthplace!



Corewell Health Hospital in St. Joseph  
1234 Napier Ave  
Upton Center Rm 2 & 3

Contact Hannah at [Hannah.lasota@corewellhealth.org](mailto:Hannah.lasota@corewellhealth.org) to register

*\*Include your and your support persons name and contact number*