



**Corewell  
Health™**

presents

# Childbirth Education Classes

Our childbirth education classes walk expectant parents through what to expect with labor, delivery, post-partum, and care of their newborn.

This informative **three-part** class features presentations from two experienced labor nurses, a certified nurse anesthetist and a pelvic floor therapist in addition to the opportunity to speak to a pediatric provider about any questions or concerns you may have.

Free!

## November's Classes

November 7<sup>th</sup> 6p-8:30p

November 14<sup>th</sup> 6p-8:30p

November 28<sup>th</sup> 6p-8:30p

Includes a tour of the  
Birthplace!



Corewell Health Hospital in St. Joseph

1234 Napier Ave

Upton Center Rm 2 & 3

Contact Hannah at [Hannah.lasota@corewellhealth.org](mailto:Hannah.lasota@corewellhealth.org) to register