



**Corewell  
Health™**

presents

## Childbirth Education Classes

Our childbirth education classes walk expectant parents through what to expect with labor, delivery, post-partum, and care of their newborn.

This informative **three-part** class features presentations from two experienced labor nurses, a certified nurse anesthetist, a doula, and a pelvic floor therapist in addition to the opportunity to speak to a pediatric provider about any questions or concerns you may have.

**Free!**

**November 2025**

### Class Dates & Times

\*It is recommended that you attend all three

**November 5th 6p-9p**

**November 12th 6p-9p**

**November 19th 6p-9p**

\*Classes will **NOT** be held in December

Includes a tour of the  
Birthplace!



Corewell Health Hospital in St. Joseph  
1234 Napier Ave  
Upton Center Rm 2 & 3

Contact Hannah at [Hannah.lasota@corewellhealth.org](mailto:Hannah.lasota@corewellhealth.org) to register

\*Include your and your support persons name and contact number