



Corewell Health™

presents

Childbirth Education Classes

Our childbirth education classes walk expectant parents through what to expect with labor, delivery, postpartum, and care of their newborn.

This informative three-part class features presentations from two experienced labor nurses, a certified nurse anesthetist, a doula, and a pelvic floor therapist in addition to the opportunity to speak to a pediatric provider about any questions or concerns you may have.

Free!

February 2026

Class Dates & Times

February 5th 6p-9p

February 10th 6p-9p

February 18th 6p-9p

****Classes will NOT be held in St. Joseph
again until June 2026***

Includes a tour of the
Birthplace!



Corewell Health Hospital in St. Joseph
1234 Napier Ave
Upton Center Rm 2 & 3

Contact Hannah at Hannah.lasota@corewellhealth.org to register

**Include your and your support persons name and contact number*