



**Corewell  
Health™**

presents

## Childbirth Education Classes

Our childbirth education classes walk expectant parents through what to expect with labor, delivery, post-partum, and care of their newborn.

This informative three-part class features presentations from two experienced labor nurses, a certified nurse anesthetist, a doula, and a pelvic floor therapist in addition to the opportunity to speak to a pediatric provider about any questions or concerns you may have.

 Corewell Health Hospital in St. Joseph  
1234 Napier Ave  
Upton Center Rm 2 & 3

Free!

**February 2026**

### **Class Dates & Times**

February 5th 6p-9p

February 10th 6p-9p

February 18th 6p-9p

*\*Classes will NOT be held in St. Joseph  
again until June 2026*

Includes a tour of the  
Birthplace!

Contact Hannah at [Hannah.lasota@corewellhealth.org](mailto:Hannah.lasota@corewellhealth.org) to register

*\*Include your and your support persons name and contact number*